

## ***BENEFITS TO THE DEMENTIA PARTICIPANT***

### **Missing Letters Early to Middle Stage Dementia (D1-D2)**

Missing Letters is a fun and educational game that helps cognitive skills. Each page has a list of words with one or more letters missing from each word and an image associated with the word. The dementia participant, along with a set of letters or dry erase markers, can use them to fill in the blanks. For early-stage dementia (D1), more missing letters are provided for each word.

- **Cognitive Stimulation:** Helps maintain cognitive abilities, such as memory, word recognition, and problem-solving. Participants need to recognize letters and understand word structure, reinforcing their memory of the alphabet and how letters combine to form words. Dementia often affects the ability to recognize letter patterns and word structures.
- **Memory Recall:** Completing missing letters helps dementia participants recall familiar words. Even if they have difficulty with word recall, this game engages their memory and helps them access words they know.
- **Fine Motor Skills:** Writing the letters or selecting the letter tiles improves hand-eye coordination and dexterity.

### **Photo Puzzles D1- Late-Stage Dementia (D3)**

#### **Champagne Toast**

This puzzle consists of an individual photo – print out two copies of the same photo, slice one copy into 4 or 6 pieces, and then match the other original copied photo. Late-stage dementia D3 residents like to look at the photos.

- **Cognitive Stimulation:** Solving photo puzzles helps maintain and may enhance cognitive abilities, such as memory, attention, and problem-solving skills.
- **Memory Recall:** Using familiar photos can trigger memories and reinforce recognition skills, providing a sense of connection to the past.
- **Fine Motor Skills:** Handling and fitting the puzzle pieces together improves hand-eye coordination and dexterity.

## **Matching D1-D2**

- New Year's Celebration Items

This game involves matching New Year's Celebration Items with names, which can help stimulate cognitive functions such as concentration. The game is easy to understand and play, making it accessible and enjoyable for individuals with varying levels of cognitive ability.

### *Cognitive Stimulation*

Matching helps enhance memory and concentration by encouraging participants to recall the positions of cards.

### *Fine Motor Skills*

Handling the cards can help maintain dexterity and hand-eye coordination.

## **Word-Scramble with Picture Game D1-D2**

This game shows pictures and some letters that are mixed up. The dementia resident puts the letters in the right order to spell the word that matches the picture. Dry erase markers or letter tiles work well with this game.

*Cognitive Stimulation & Memory Recall:* This activity blends visual recognition with language skills. The picture offers a concrete cue, while the scramble encourages problem-solving, sequencing, and fine motor practice.

## **Word-Search D1-D2**

This game strengthens visual recognition and language skills, connecting letters into meaningful words. Provides a sense of accomplishment and joy when words are found, boosting confidence. Dry erase marker works best with this game.

**Memory Recall:** Encourages memory recall when words are familiar and tied to everyday life.

**Fine Motor Skills:** Offers gentle fine motor practice when circling or marking words.