



Creating Montessori Engagement Stations

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Creating Montessori Engagement Stations provides a wide range of sensory engagement activities to your memory care residents to improve the quality of life. The Stations will offer activities for all levels of sensory, motor, cognitive and social abilities with the goal of reconnecting with pleasant memories and maintaining or improving skills needed in a person's daily life. The approach we use for our activities is the Montessori Method, that is all activities are designed to be self-correcting, choice based, and failure-free. The Engagement Stations activities will change either seasonally or themes to meet your residents needs and keep them engaged year-round.

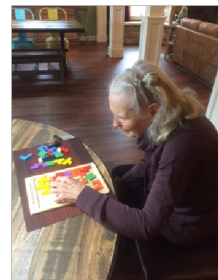
The Montessori Engagement Stations is based on Montessori School, an environment with plenty of materials for hands-on learning, and residents are encouraged to focus on – and often stick with – activities that pique their interest. The Stations design are for residents that are mix in age with different interests, hobbies, and life-skills.



Figure 1A-1C: Examples of Montessori engagement stations at MorningStar Reflections communities at (1A) Ridgegate (1B) Littleton and (1C) Jordan in Colorado.

Puzzles Engagement Station:

- Cube puzzles: 2 puzzles
- jigsaw puzzles: 3-4 different puzzles
- 2-piece puzzles
- Tetris puzzles: 3-4 different puzzles
- photos puzzles: seasonal themes
- Q-bitz
- Shape Shuffle.



Kitchen Activities Station

- Hand scooping

- Pitcher pouring
- Playdough, rolling pin and cookies cutters
- Napkin or towel folding
- Matching socks
- Sorting beans or colored pasta
- Silverware display chest
- Mixing puddle or bread or cake
- Cornmeal & ABC's
- Juice making



Sorting beans



Sorting pasta



Cornmeal & letters



Playdough & cutters



Spooning rice



juice making

Spicy smells



Flatware sorting

Matching & Pairing Station:

- Playing card matching
- Dominoes
- Triominoes
- Coins or poker chips matching
- NFL or MLB team, animals, artworks, county flags matching
- Color felt or textured fabrics matching

- Crazy-8
- Sequence
- Clothes pairing
- Qwirkle: shape & color tile matching



Words and Letters Station:

- Missing letters – seasonal or holiday theme
- Word lists with letter tiles - seasonal or holiday theme

- 3 letter word puzzles
- 2 piece counting puzzles • Word builder games - Zingo
- Scrabble Jr.
- Images and names: animals, anatomy, famous people, famous artwork, nuts



Gardening Station

- Mosaics and flower-pots
- Mortar and pestle – egg shells
- Prepping a flower pot
- Watering and pruning
- Wreath making
- Flower Arranging: seasonal flowers



Daily – spray plant with water and prune plants, sweep floor with broom.

Monthly

Spring – Seeding and growing plants inside

Paint rocks or birdhouses

Build pinecones and birdseeds with peanut butter

Summer – repotting plants outside and pruning

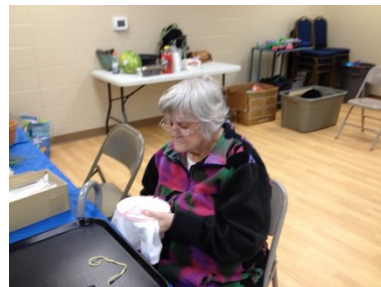
Fall – plant mums

Winter – Christmas trees

Creative Work Station

- Painting with watercolors/tempera and color pages monthly themes (winter, new year's, Halloween, July 4, Spring, Thanksgiving)

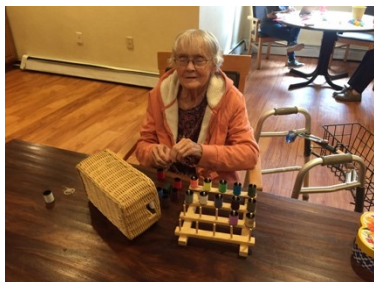
- Lacing cards & holes & thread
- Foam plate or holiday card lacing: seasonal
- Cross-stitching
- Tape art
- Painting a tree & gluing leaves
- Spider web making
- Foam plate or holiday card threading
- Weaving Loom and multicolor loops
- Polishing silver or bass items
- Oil polishing wood items
- Clay sculpture
- Treasure Hunt



Office & Culture Station

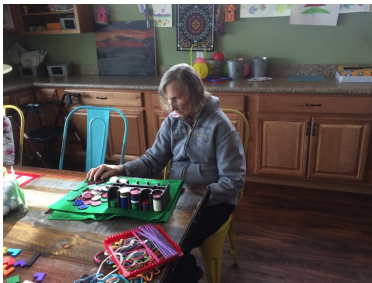
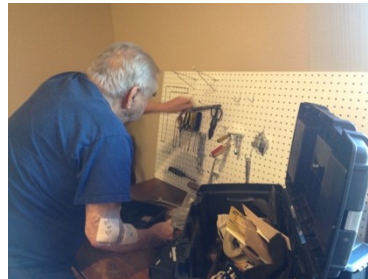
- Numbers & sticks

- Threads and spool rack
- Coins & counting
- Missing numbers on a counting chart
- Globe & Countries
- Maps and States
- Old magazines
- Golf balls and mini-muffin tin
- Photos & frames
- Holiday card making: seasonal
- Landscape collages: seasonal
- Geosafari: geography, science history
- Images and names: USA Map and States; Olympic games and names; Presidents and names; football field names and cities.



Workshop Station

- Sanding with wooden object.
- Build a box or bird house
- Nuts & bolts
- Flash-light repair
- Pipe fitting
- Tool matching on a pegboard
- Wooden cylinder blocks
- Screw or wrench & wood
- Loops, lace & wood
- Sorting screws by size
- Poker chips sorts



Sports & Games Station (indoor/outdoor)

- Bowling
- Golfing and turf
- Beanbag toss
- Bocce ball toss
- Jenga
- Crouquet - modified



Make a daily schedule for your memory care residents with engagement stations:

- Puzzles Engagement Station
- Words & Letters Engagement Station
- Matching Engagement Station
- Gardening Engagement Station

- Creative Work Engagement Station
- Office & Culture Work Engagement Station
- Kitchen Activities Engagement Station
- Sports & Games Engagement Station
- Workshop Engagement Station

For example:

Mornings: 10 am – 11:30 am (you may vary a time)

Monday and Wednesday: Puzzles and Matching Engagement Stations

Tuesday and Thursday: Kitchen Activities and Workshop Engagement Stations

Friday: Office & Culture Work and Words & Letters Engagement Stations

Saturday and Sunday: Puzzles and Words & Letters Engagement Stations

Afternoons: 1:30-3:30pm (you may vary a time)

Monday, Wednesday, and Friday: Gardening Engagement Station (1:30-2:30 pm) and Creative Work Engagement Station (2:30-3:30pm)

Tuesday and Thursday: Office & Culture Work Engagement Station

Saturday and Sunday: Sports & Games and/or Creative Work Engagement Stations

Don't take everything out of the Engagement Station Container all at once; 4-6 items daily. Remember you have two containers in the morning and afternoon. Also, every two months swap out seasonal or holidays themes for your engagement stations – puzzles, words and letters, matchings, sports & games, etc.